

MOVING ON

“Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.” – Ephesians 4:31-32

“Lord, forgive us our sins as we forgive those who’ve sinned against us. For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins.” – Matthew 6:12, 14-15

“Bear with each other and forgive one another if any of you has a grievance against someone.” – Colossians 3:13

Three Levels of Forgiveness:

- **Level One – A willingness to not get even, retaliate, or seek revenge.**
- **Level Two – A willingness to let go of bitterness and hatred.**

“Look, it’s a journey you need to take. You’ve got to get rid of the anger, the rage and the bitterness.” – Ephesians 4:31

- **Level Three – A willingness to be reconciled with the person who hurt me.**

“For God in all his fullness was pleased to live in Christ, and through him God reconciled everything to himself. He made peace with everything in heaven and on earth. By means of Christ’s blood on the cross. This includes you who were once far away from God. You were his enemies, separated from him by your evil thoughts and actions. Yet now he has reconciled you to himself through the death of Christ in his physical body. As a result, he has brought you into his own presence, and you are holy and blameless as you stand before him without a single fault.” – Colossians 1:19-22

“Don’t let the sun go down while you’re angry.” – Ephesians 4:26

“Husbands, love your wives the way Christ loved the church and gave himself up for her.” – Ephesians 5:25

“Forgive as you have been forgiven.” – Matthew 6:12 **Forgive – “to send it away.”**

“Then Jacob went on ahead. As he approached his brother, he bowed down to the ground seven times before Him. And then Esau ran to meet him and embraced him. And he threw his arms around his neck and kissed him. And they both wept.” – Genesis 33:3-4

“Joseph could stand it no longer. There were many people in the room, and he said to his attendants, ‘Out, all of you!’ So he was alone with his brothers when he told them who he was. Then he broke down and wept. He wept so loudly the Egyptians [in the other room] could hear him, and the word of it carried to Pharaoh’s palace. ‘Come close. Don’t be angry with yourself, because what you did was evil and that’s how you meant it, but God used it to bring about good. God has redeemed it.’” – Genesis 45:1-2,4-5
