

BREAKTHROUGH

Week Three - What is a breakthrough?

Breakthrough: sudden dramatic and important advance.

“God whispers to us in our pleasure but he shouts to us in our pain.” – C.S. Lewis

“Sometimes it takes a painful experience to make us change our ways.” – Proverbs 20:30 NLT

*“When I was in distress, I sought the Lord; Every night I stretched out my hands in prayer to Him.”
– Psalm 77:2 NLT*

“When the Philistines learned that David had been made king of Israel. They mobilized all of their forces against him, to attack and enslave him but David heard the news, and he moved to his fortified place. Then the Philistine army moved in and spread out across the entire valley. So David sought the Lord in prayer. He asked, ‘Should I go fight these Philistines? Will you give them over to me?’ Yes, go ahead. You can certainly count on me to give you the victory. So David went out and he defeated them. Then David said, ‘I watched the Lord break through my enemies like a mighty flood.’ So he named the place ‘The Lord Broke Through!’” – 1 Chron. 14:8-11

“After this, three enemies joined forces against Judah and some men told the king, ‘a vast army is coming against you.’ Alarmed and afraid, King Jehoshaphat resolved to seek the Lord. Then he proclaimed a fast for everyone. So all of the people came together, to seek help from the Lord. They came from everywhere to seek God.” – 2 Chron. 20:1-4

Three things for a breakthrough:

1. _____.
2. _____.
3. _____.

“Don’t worry about anything but in everything, by prayer and petition, with thanksgiving present your request to God. And the peace of God which transcends all understanding will guard your hearts and your minds in Christ Jesus. Then fix your thoughts on things that are true and honorable, and right. Think about things that are pure and lovely and admirable, with thoughts that are excellent and worthy of praise.” – Philippians 4:6-8

Four Life-changing Habits:

1. _____.

“don’t fret, don’t fear, don’t have anxiety.” – Philippians 4:6

“Do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own.” – Philippians 4:6

“Thinking that is controlled by my sinful nature leads to death, but thinking controlled by the Spirit leads to life and peace.” – Romans 8:6 NLT

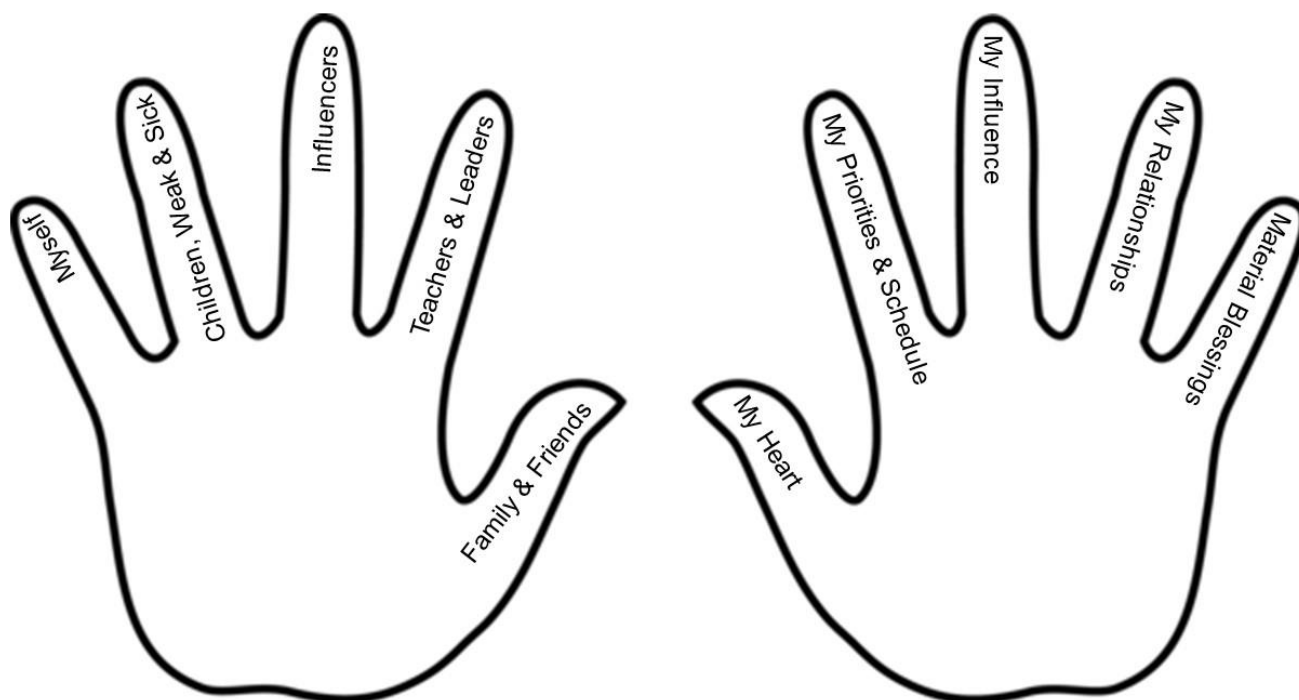
“I turned to the Lord. I turned to the Lord and I pleaded with Him in prayer and fasting.” – Dan. 9:3

2. _____.

“Don’t worry about anything. Instead, pray about everything. Tell God what you need.” – Phil. 4:6

“Give all your worries and cares to God, for he cares about what happens to you.” – 1 Peter 5:7

“Lord, every day I lift my hands to you in prayer and I call to You.” – Psalm 88:9



“Out of your heart comes the issues of life.” – Proverbs 4:23

“Guard your heart, it controls your life.” – Proverbs 4:23 NIV

“Love God with all your heart.” – Deuteronomy 6:5, Matthew 22:37; Luke 10:27; Mark 12:30-31

“Out of your heart comes the issues of life.” – Proverbs 4:23

“Seek first the kingdom of God and all these things will be added unto you.” – Matthew 6:33

“You have not because you ask not.” – James 4:2-3

“My God will supply all your needs according to his riches and glory by Christ Jesus.” – Phil. 4:19

3. _____.

“ask God for whatever you need, but always do it with thanksgiving, asking him with a thankful heart for all he’s done.” – Philippians 4:6

“Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.” – 1 Thes. 5:18

“I will offer You my sacrifice of Thanksgiving.” – Psalm 16:17 NLT

Two Ways to Give Thanks:

1. _____.

“Tell the Lord how thankful you are.” – Psalm 118:1 CEV

2. _____.

“Celebrate the Harvest Festival, to honor the Lord your God, by bringing Him a thanksgiving offering in proportion to the blessing He has given you.” – Deuteronomy 16:10.

4. _____.

“Fix your thoughts on things that are true and honorable and right. Think about things that are pure and lovely and admirable, and fill your mind with thoughts that are excellent and worthy of praise.” – Philippians 4:8

“If you do this, you will experience God’s peace, which is far more wonderful and far more powerful than we can understand. His peace will keep your thoughts and emotions at rest as you trust in Christ Jesus.” – Philippians 4:7 NLT

“Stretch out your hands to him in prayer, and give up all your secrets, sins. Then, instead of feeling shame, you’ll be confident and fearless.” – Job 13:13-19 (CEV)

“If you do those things... your troubles will go away like water beneath a bridge, your darkest hour will become as bright as morning. You will feel safe and secure, filled with hope, and emptied of worry, and you will sleep without fear.”
